

## **CONSENT FOR PARTICIPATION IN A RESEARCH PROJECT**

### **Smoking Among College Students Reed College**

#### **Invitation to Participate and Description of Project**

You are invited to participate in a study designed to gather information about smoking among college students at Reed College. The results of the study will be used to better understand smoking and to help college students who choose to quit smoking. You have been invited to participate because you are a college student at Reed and because you have indicated that you currently smoke cigarettes. Your participation in this study will last up to three months, and it will require approximately 30-75 minutes of your time.

In order to decide whether to participate in this study, you should know enough about the risks and benefits to make an informed decision. This consent form gives you detailed information about the study which a member of the research team will discuss with you. Once you understand the study, you will be asked if you wish to participate, and, if you do, you will be asked to sign this form.

#### **Description of the Procedures**

If you decide to participate in this study, you will be asked to complete questionnaires about your smoking and other drug use and about your mood. These questionnaires are expected to take approximately 10 minutes of your time. In addition you may be asked to speak to a health care professional for approximately 45 minutes about your smoking behavior and beliefs. During this meeting, you may be asked to complete a lung function test which involves breathing into a tube for about 15 seconds. Four weeks after and again three months after your initial visit, we will ask you to complete a follow-up questionnaire that should again take about 10 minutes to complete.

#### **Risks and Inconveniences**

There are no risks or discomforts anticipated for persons who volunteer to take part in this study. In the unlikely event that you experience any discomfort from your participation, you may discuss this with the health care professional who may meet with you, or you may contact PROFESSOR, Thesis Advisor, at PHONE.

One potential benefit of this study is that you may quit smoking should you choose to do so. However, you also may not receive any direct benefits from participating in this study. The results will be used to help other college students who choose to quit smoking.

#### **Economic Considerations**

If you choose to participate in this study you will receive one or two psychology lottery tickets after completing the initial session and questionnaires. You will then receive \$5 for completing each follow-up interview.

#### **Confidentiality**

The information you provide will be strictly confidential. A file number will be assigned to all the information you provide in this study so that your rights to privacy and



